



INTERACTIVE WORKSHOPS

30mins-1hr long interactive sessions, in which I teach general faith-based psychoeducation to parents/guardians of adolescents, married couples, staff/leadership, etc.

ALL AUDIENCES

FAITH AND FEELINGS: GOD'S NOT AFRAID OF YOUR FEELINGS

A biblical perspective on feelings and faith, teaching that sharing your true feelings with God and others demonstrates a strong faith/trust in Him, not the lack thereof.

HEALING FROM TRAUMA

Teaching what trauma is and giving hope that with God healing is possible after experiencing trauma. Practical and spiritual ways to respond to trauma and how to respond to a loved one who has experienced trauma.

FAMILIES & TEENS

MY TEEN HAS ISSUES!:WHAT TO DO & NOT TO DO

Bringing hope and practical tips to parents of adolescents from a biblical perspective.

MY PARENTS DON'T GET ME!:WHAT CAN I DO?

Bringing hope and practical tips with a biblical perspective to adolescents who realize that their parents are human, too.

MARRIED COUPLES/FAMILIES/TEENS/LEADERSHIP/STAFF

TNT:TROUBLES IN TRANSITIONS

Teaching how to prepare and respond properly to the enemy's attacks in times of transition, practically and spiritually. This workshop is great for families, marriages, singles, teens, and tweens.

STAFF/LEADERSHIP & FAMILIES

FAMILY MATTERS: DID I DO THAT?

A biblical perspective on family, teaching families God's purpose of family and the priority He places on them. A discussion geared toward the need to prioritize family, not taking them for granted. Assessing the hypocrisy and duplicity of leaders and providing practical tips to decrease the negative outcomes and boost the positive outcomes within their own families.

SERMONS

YOUTH/YOUNG ADULT SERVICES/RETREATS/CAMPS/CONFERENCES

I received my Masters of Divinity from Oral Roberts University and I am Licensed Minister in the state of Oklahoma. I have nearly 30 years of ministry experience in various capacities as a Youth/Young Adult/Associate Pastor.

NEEDS

- A meeting space for assemblies/workshop
- Microphone and spaker system suitable for the room size
- Projector and projection screen, or large display with laptop connectivity
- Access to electrical outlets and reliable Wi-Fi, if needed

COST

Negotiable per workshop or sermon.

CONTACT INFORMATION

Undré Alee, MA, MDiv, LPC
Owner & Therapist

918-946-2667
undre@akouwcounseling.com
www.akouwcounseling.com