



INTERACTIVE WORKSHOPS & PROFESSIONAL DEVELOPMENT

An approved continuing education provider for LPCs, LMFTs, and LCSWs in Oklahoma, and provides continuing education and professional development opportunities for mental health professionals in Texas.

SELF-CARE, PROFESSIONAL COMPETENCE, AND CLIENT WELFARE: ETHICAL RESPONSIBILITIES FOR MENTAL HEALTH PROFESSIONALS

3.0 credit hours of Ethics

The course will help therapists to evaluate whether or not they are being ethical when serving their clients. They will learn practical cultural competency and trauma-informed approaches to better serve their clients. Therapists will identify positive and maladaptive coping skills, ways of forming community, and communication skills. They will have the opportunity to learn practical skills through introspection, collaboration with other professionals, and begin integration of these skills into their practices.

SUSTAINING THE COUNSELOR: SELF-CARE, PROFESSIONAL WELL-BEING, AND CULTURALLY RESPONSIVE PRACTICE

1.0 credit hour

The course will help therapists identify maladaptive and healthy communication skills, their default styles of communication, and how to be more assertive. These skills will be solidified by utilizing introspection, collaboration, and the integration of practical skills.

NEEDS

- A meeting space for assemblies/workshop
- Microphone and spaker system suitable for the room size
- Projector and projection screen, or large display with laptop connectivity
- Access to electrical outlets and reliable Wi-Fi, if needed

COST

Negotiable per workshop or training.

CONTACT INFORMATION

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